Higher Education and

Quality Meals

LIBERTY HIGH SCHOOL FEBRUARY 2024 MENU

Quality Meals



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Happy Valentine's Day	Smart mouth is served on: Tuesday & Thursday		1 Breakfast Cinnamon Texas Toast Lunch Baked Lasagna Breaded Ravioli w/ Dipping Sauce Seasoned Corn Steamed Broccoli w/ Cheese Bread Stick & Choice of Fruit	2 Breakfast Sausage Biscuit Lunch Italian Pizza Red Devil Spinach Salad w/ Dressing Sweet Potato Nuggets Choice of Fruit National Tater Tot Day
5	Breakfast French Toast Lunch Ham & Macaroni Au Gratin Mozzarella Cheese Sticks Steamed Broccoli w/ Cheese Seasoned Carrots Choice of Fruit Breadstick	6 Breakfast Sausage Biscuit Lunch Poppin Potato Bowl Mini Corn Dogs Greenbeans Succotash Dinner Roll Choice of Fruit	7 Breakfast Ultimate Breakfast Round Lunch Chicken Alfredo Meatball Sub Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit National Fettuccine Alfredo Day	8 Breakfast Breakfast Pizza Lunch Arroz Con Pollo Fiesta Stuffed Shells w/ Tortilla Chips Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	No School
12	No School TAKE A BREAK!	13 Breakfast Honey Bun Lunch Italian Pizza BBQ Sandwich Spinach Salad w/ Dressing Sweet Potato Fries Choice of Fruit	14 Breakfast Chicken Biscuit Happy Valentines Day Lunch Salisbury Steak Country Style Steak Mashed Potatoes Pinto Beans & Steamed Cabbage Cornbread and Choice of Fruit	15 Breakfast Blueberry Pancakes Lunch Beef Blasters Teriyaki Chicken Seasoned Rice Glazed Carrots Steamed Broccoli w/ Cheese Dinner Roll & Choice of Fruit	16 Breakfast Sausage Biscuit Lunch Buffalo Melt Baked Fish Filet Spinach Salad w/Ranch Seasoned Corn Dinner Roll & Choice of Fruit Frozen Fruit Friday
19	Breakfast Pancake Pup Lunch Chicken and Waffles Three Cheese Calzone Spiral Fries Broccoli Florets w/ Ranch Choice of Fruit	20 Breakfast National Muffin Day Lunch Buffalo Tots Bird Dog Spinach Salad w/ Dressing Carrot Sticks w/ Ranch Choice of Fruit	21 Breakfast Blueberry Donut Holes Lunch General Tso's Chicken Teriyaki Dumplings Seasoned Rice Glazed Carrots Snap Peas Dinner Roll	22 Breakfast Chicken Biscuit Lunch Wild Mike's Cheesy Bites Popcorn Chicken w/ Breadstick Seasoned Corn Baked Beans Choice of Fruit	23 Breakfast Sausage Biscuit Lunch Bacon Cheeseburger Lettuce, Tomato & Pickles Hot Dog w/ Chili Crinkle Fries or Cole Slaw Choice of Fruit Frozen Fruit Friday
26	Breakfast Powdered Sugar Donuts Lunch Breaded Baked Chicken Homemade Meatloaf Mashed Potatoes Glazed Carrots or Collard Greens Dinner Roll Choice of Fruit	27 Breakfast Strawberry Bagel Lunch Sausage Patty or Chicken Patty Scrambled Eggs & Cheese Grits Cherry Tomatoes w/ Ranch Tri-Potatoes & French Toast Fresh Strawberries or Choice of Fruit National Strawberry Day FERED DAILY AT BREAKFA	28 Breakfast Cinnamon Roll Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadstick Waffle Fries Baked Beans Choice of Fruit	Breakfast Breakfast Pizza Lunch Rib B Que Sub Pizzaboli Green Beans Spinach Salad w/ Dressing Choice of Fruit	Ecptaby



Yogurt Plates, Chef Salads or Grilled Cheese Sandwiches Available Daily at Lunch

This Institution is an Equal Opportunity Provider Menu is subject to change depending upon availability of food items.

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers



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